

OUR HEALTH IN SAGINAW COUNTY



HEALTH CARE PROVIDERS

CMU Health Saginaw

Patient-centered care from your physician and healthcare team, which includes your primary care physician and specialists. CMU Health provides a full range of medical services and works to enhance the quality of healthcare for the citizens of our community.

- CMU Health – Houghton, 1000 Houghton Ave. Saginaw, MI 48602 ph: 989-746-7500
- CMU Health – Colony, 5421 North Colony Dr. Saginaw, MI 48638 ph: 989-746-7500
- CMU Health – Concentric, 1575 Concentric Blvd. Saginaw, MI 48604 ph: 989-746-7500
- CMU Health – Washington (Surgery) 912 South Washington Ave., Suite 1 Saginaw, MI 48601 ph: 989-790-1001

Great Lakes Bay Health Centers

Medical Care, Dental Care, Eye Care, Behavioral Health, Care Management, Family Planning, Head Start Physicals and Dental Evaluations, Hepatitis C Treatment, HIV Services, Inpatient Care, Insurance Assistance, Mammography, Maternal Infant Health Program, Migrant Health Care, Nutrition, OB/GYN and Midwifery Care, Pharmacy, Laboratory, Same Day Care, Transportation, WIC, X-Ray, School-Based Care, and Substance Use Disorder Treatment.

Locations are listed below:

HEARTH HOME
732 Hoyt Ave
Saginaw, MI 48601
(989) 753-9011

BRIDGEPORT
6297 Dixie Highway
Bridgeport, MI 48722
Medical: (989) 759-6460
Dental: (989) 921-5390

MOBILE DENTAL 1, 2 & 3
501 Lapeer Ave.
Saginaw, MI 48607
(989) 921-4393

ROOSEVELT S. RUFFIN
229 Gallagher Street
Saginaw, MI 48601
(989) 755-3619

DAVID R. GAMEZ
501 Lapeer Ave.
Saginaw, MI 48607
(989) 753-6000

JANES STREET
1522 Janes Ave.
Saginaw, MI 48601
(989) 755-0316

OLD TOWN
804 S. Hamilton St.
Saginaw, MI 48602
(989) 921-5372

WARREN AVENUE
321 N. Warren Ave
Saginaw, MI 48607
(989) 754-7771

DAVENPORT
3023 Davenport Ave.
Saginaw, MI 48602
(989) 907-2761

MOBILE MEDICAL
501 Lapeer Ave.
Saginaw, MI 48607
(989) 922-5658

PHARMACY SAGINAW
1522 Janes Street
Saginaw, MI 48601
(989) 755-3633

Saginaw County Health Department

Blood Lead testing, Children's Special Health Care, Communicable Disease/TB, Community Resource Nurse, Emergency Preparedness, Environmental Health, Family Planning, Health Promotion and Communications, Hearing and Vision Screening, Immunizations, Laboratory, Nurse Family Partnership, STD/HIV, and WIC.

- Address: 1600 North Michigan Avenue, Saginaw, MI 48602
- Phone: (989) 758-3800
- Website: <http://saginawpublichealth.org/page.asp?ID=10&pID=200>

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BEHAVIORAL HEALTH

Available at the following Great Lakes Bay Health Centers:

Arthur Hill High School, Bridgeport, David R. Gamez, Janes Street, Old Town, Roosevelt S. Ruffin, and Saginaw High School

DENTAL

Great Lakes Bay Health Centers

Warren Avenue

- 321 N. Warren Ave Saginaw, MI 48607
- (989) 754-7771

Bridgeport Health and Dental Center

- 6297 Dixie Highway - Bridgeport, MI 48722
- Phone: (989) 921-5390

Mobile Dental 1,2,3:

- Phone: (989) 921-4393

Healthy Michigan

- Phone: 855-789-5610
- www.michigan.gov/mibridges

PRESCRIPTIONS

Walmart \$4 Pharmacy Benefit

- Save on 30-day generic medications and spend \$10 on 90-day prescriptions. No insurance necessary. See listing of medications and more info at: <https://www.walmart.com/cp/4-prescriptions/1078664>

Kroger Rx Savings Plan - For individual or families (even pets!)

- Offers a savings plan for individuals or families; see full listing of medications and more info at: <https://support.krogersc.com/hc/en-us/articles/360000853403-What-is-the-Kroger-Rx-Savings-Club->

Great Lakes Bay Health - GLBHC patients only

DAVENPORT

3023 Davenport Ave.
Saginaw, MI 48602
(989) 907-2761

JANES STREET

1522 Janes Ave.
Saginaw, MI 48601
(989) 755-0316

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ADDITIONAL RESOURCES/CONTACT INFO:

2-1-1

2-1-1 connects people in Michigan counties with health and human services including employment, education, financial support, food and other community services

- Phone: "2-1-1" (or 844-875-921) OR

Text your zip-code to "898211"

Child Obesity Reduction Program

Healthier & Happier Families: Preventing and Fighting Childhood Obesity program, collaboration with MiHIA and Kurbo: For more information, please visit: <https://www.mihia.org/index.php/projects/healthier-happier-families>

Diabetes Prevention Programs (DPP)

Resources and information can be found here:

- <https://www.mihia.org/index.php/projects/diabetes-prevention-program>
- <https://www.mihia.org/index.php/resources>
- www.cdc.gov/diabetes/prevention/index.htm

More information about a Virtual DPP Program can be found here:

- http://dashboard.mihia.org/tiles/index/display?alias=virtual_DPP

Eastside Soup Kitchen

Provides hot lunch Monday through Friday from 11:00am to 12:20pm

- 940 E. Genesee - Saginaw, MI

MiHIA Dashboard

- Website: dashboard.mihia.org